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# INFLUENCE OF FLUORINE ON THE PROPERTIES OF APATITES AND SYNTHESIS OF FLUORINE-CONTAINING COMPOSITE MATERIALS

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**Abstract:** The work presents the synthesis of fluorine-substituted apatites based on hydroxyapatite and composite materials fluorapatite – non-stoichiometric titanium oxide and fluorapatite – zirconium dioxide. The behavior of components in the  $Ca_{10}(PO_4)_6F_2$ –TiO<sub>x</sub> and  $Ca_{10}(PO_4)_6F_2$ –ZrO<sub>2</sub> systems is studied in a wide range of temperatures and concentrations. The effect of phase composition based on fluorine content and the amount of additive introduced on the strength characteristics of the material is shown.

**Keywords:** hydroxyapatite, fluorapatite, zirconium dioxide, non-stoichiometric titanium oxide, composite materials, microhardness.

## Introduction

Biomaterial, widely used due to its similarity to the mineral component of bone tissue, hydroxyapatite (HAP)  $Ca_{10}(PO_4)_6(OH)_2$  has variety of practical applications in various fields of medicine [1]. Anionic substitution in the hydroxyapatite structure of the OH<sup>-</sup> group by SiO<sub>4</sub><sup>4-</sup>, F<sup>-</sup>, Cl<sup>-</sup> or CO<sub>3</sub><sup>2-</sup> leads to a change in the crystal lattice parameters, which affects the crystallinity and, consequently, the solubility of apatites, that can lead to increased bone binding properties, antibacterial activity and osseointegration [2, 3]. HAP has a pronounced osteotropic behavior in biological environments [4-6], however, as a bioceramic material it has low strength characteristics, which does not allow its use for bone tissues that experience regular significant mechanical loads.

The hardness and strength of apatite-based biomaterials can be increased by modifying the structure, including through the mechanosynthesis of crystalline apatites with reinforcing additives (CaF<sub>2</sub>, SiO<sub>2</sub>, TiO<sub>2</sub>, ZrO<sub>2</sub>, Al<sub>2</sub>O<sub>3</sub> etc.) [7-10]. During heat treatment of composite materials, interactions occur between apatite and the reinforcing phase, often with a change in phase composition due to physical and chemical processes occurring in the systems, changing the microstructure and, consequently, the mechanical and medical-biological properties.

In this paper, we study the properties of ceramic materials based on fluorapatite  $(Ca_{10}(PO_4)_6F_2)$  (FAP), with the addition of zirconium dioxide and non-stoichiometric titanium oxide, forming the systems:  $Ca_{10}(PO_4)_6F_2$ -ZrO<sub>2</sub> and  $Ca_{10}(PO_4)_6F_2$ -TiO<sub>x</sub>, where x=1.5÷1.9, and the properties of apatites with different degrees of anionic substitution in HAP of the OH<sup>-</sup>-group by F<sup>-</sup>:

$$Ca_{10}(PO_4)_6(OH)_2 + xF^- = Ca_{10}(PO_4)_6(OH)_{(2-x)}F_x + xOH^-$$
 (x=1, 1.5, 2) [11].

Fluorapatite is isomorphic to hydroxyapatite, while the solubility of fluorapatite is lower than the solubility of hydroxyapatite, and fluorine has a stabilizing effect not only in the case of complete but also partial substitution of OH<sup>-</sup> groups. Analysis of experimental data (Fig. 1) allows us to conclude that the inclusion of fluorine in the apatite structure helps to obtain a material with improved strength characteristics, since it increases resistance to biodegradation and the effects of acids. The features of the chemical interaction of FAP with reinforcing additives during heat treatment and the effect of additives on strength during annealing were also revealed.



Figure 1. Solubility of apatites depending on composition.

### **Experimental part**

FAP suspensions with different degrees of substitution of the compositions:  $Ca_{10}(PO_4)_6(OH)_{(2-x)}F_x$  (x=1, 1.5, 2) were obtained by the precipitation method from solutions [11] with subsequent filtration and air drying, the powders (Fig. 2 a) were certified by X-ray phase analysis (XRD), which was performed on Shimadzu and DRON-2.0 diffractometers, CuK $\alpha$  radiation, angle range  $10^{\circ}$ £ 2Q £ 70°, shooting step 0.03°, time per point 2 seconds, phase identification was carried out using the Powder Diffraction File JCPDSD-ICDD PDF2 (set's 1-47) card index. Non-stoichiometric titanium oxide (Fig. 2 c) TiO<sub>x</sub> (x=1.5÷1.9) was obtained by annealing of titanium chips in a furnace at a temperature of 600°C for two hours. Zirconium dioxide (Fig. 2 d) ZrO<sub>2</sub> (pure, TU 6-09-2486-77). The components were mixed without adding a homogenizer in a vibration mill (MLW 4000 KM 1) with an agate mortar and ball for 30 min.

Mechanochemical activation allows to increase the dispersed state of the components to achieve a high-strength state in the future; additionally, bonds are broken during the grinding process, which leads to the formation of new chemical compounds as a result of mechanochemical reactions [12]. The composite mixtures and powders obtained as a result of mechanosynthesis with different degrees of fluorine substitution in FAP were formed into tablets weighing 0.5-1.0 g, carried out by uniaxial double-sided pressing without introducing a binder in a cylindrical steel press mold with a diameter of 10 mm on a hydraulic hand press without holding at room temperature and a pressure of 20 MPa. The samples were annealed in a Nabertherm L 9/11 muffle furnace at the temperature range of 25-1200°C with a step of 200°C, the heating rate was  $10^{\circ}$ C/min with a holding time of 1 hour in an air atmosphere. As a control sample, a HAP (Fig. 2 b) of the composition Ca<sub>10</sub>(PO<sub>4</sub>)<sub>6</sub>(OH)<sub>2</sub> [13] was studied in parallel, but its heat treatment was carried out only up to  $1000^{\circ}$ C, since HA obtained by precipitation from solutions is known to decompose at 800°C with the formation of Ca<sub>3</sub>(PO<sub>4</sub>)<sub>2</sub> – tricalcium phosphate (TCP) [14, 15].

Microhardness of composite materials was measured by the Vickers method on a PMT-3M microhardness tester with a load of 0.98 N (100 g) and a loading time of 10 s. The compressive strength was determined at room temperature on a Liangong Group CMT-5L (China) electromechanical universal testing machine with automatic control and data processing on a PC using the MaterialTest 3.0 program, accuracy class 0.5, maximum load 5 kN (~500 kg). Morphological features were studied by scanning electron microscopy (SEM) on a JEOL JSM 6390 LA microscope (Japan), magnification factor from x5 to x300000, resolution 3.0 nm at 30 kV.





**Figure 2.** Morphology of the initial materials:  $a - FAP - Ca_{10}(PO_4)_6F_2$  dried at 25°C;  $b - HAP - Ca_{10}(PO_4)_6(OH)_2$  dried at 25°C; c - non-stoichiometric titanium oxide - TiO<sub>x</sub>; d - zirconium dioxide - ZrO<sub>2</sub>.

## **Discussion of results**

### Results of annealing of fluorine-substituted ceramics

The introduction of fluoride ions into apatites affects the behavior of ceramics during annealing. The presence of fluorine in the crystal lattice, as the FAP content increases, prevents the decomposition of apatites into TCP, structurally stabilizing the fluorine-substituted HAP obtained by precipitation from solution to decomposition temperatures typical of apatites obtained by solid-phase synthesis [14]. During thermal processing of ceramics, sintering occurs, the density of the material increases, sorption and crystalline water are lost, which leads to a change in linear parameters and a decrease in weight (Table 1).

Sample under study	Changing linear parameters, $\pm \Delta h$ , %					
	200°C	400°C	600°C	800°C	1000°C	1200°C
HAP Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> (OH) <sub>2</sub>	-2.17	-1.86	-2.11	-3.23	-7.94	_
FAP Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> (OH)F	-2.38	-5.63	-5.95	-7.54	-15.32	-17.54
FAP Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> (OH) <sub>0.5</sub> F <sub>1.5</sub>	-0.35	-1.75	-1.49	-2.80	-8.22	-12.5
FAP Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> F <sub>2</sub>	-0.34	-1.02	-1.7	-3.06	-11.14	-14.2
Change in mass, $\pm\Delta m$ , %						
HAP Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> (OH) <sub>2</sub>	-4.30	-4.78	-6.4	-8.04	-11.8	_
FAP Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> (OH)F	-4.12	-6.15	-6.79	-8.97	-9.44	-9.55
FAP Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> (OH) <sub>0.5</sub> F <sub>1.5</sub>	-3.29	-5.84	-6.46	-8.67	-9.08	-9.19
FAP Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> F <sub>2</sub>	-3.17	-6.10	-6.81	-9.26	-9.82	-10.06

**Table 1.** Changes in the parameters of the studied samples of stoichiometric HAP and fluorinesubstituted FAP at different temperatures.

As the apatites sintered and compacted, their hardness increased. It was experimentally established that fully substituted fluorapatite has the best strength characteristics (Table 2) and has a uniform dense structure, while monosubstituted ( $Ca_{10}(PO_4)_6(OH)F$ ) FAP gained maximum hardness after annealing at 1000°C. After heat treatment at 1200°C, a strengthening phase, calcium fluoride, up to 10%, was detected in all FAP modifications.

Somelo undor study	Vickers hardness (HV), MPa							
Sample under study	25°C	200°C	400°C	600°C	800°C	1000°C	1200°C	
HAP Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> (OH) <sub>2</sub>	52	71	53	75	87	183	_	
FAP Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> (OH)F	63	80	142	116	134	406	244	
FAP Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> (OH) <sub>0.5</sub> F <sub>1.5</sub>	61	82	108	156	129	179	398	
FAP Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> F <sub>2</sub>	65	77	163	143	144	268	473	

 Table 2. Microhardness of stoichiometric HAP and fluorine-substituted FAP at different temperatures.

Ceramics made from hydro-chemically obtained HAP cracks already during heat treatment at 1000°C (Fig. 3), but continues to gain hardness.



Figure 3. Morphology of the HAP surface after heat treatment at 1000°C.

After annealing of HAP at 1000°C, it contained up to 30% of the TCP phase, while fluorine-substituted FAP only partially decomposed at 1200°C to form CaF<sub>2</sub> and Ca<sub>3</sub>(PO<sub>4</sub>)<sub>2</sub>. TCP content, %:

 $Ca_{10}(PO_4)_6(OH)F - 20$ ,  $Ca_{10}(PO_4)_6(OH)_{0.5}F_{1.5} - 10$ ,  $Ca_{10}(PO_4)_6F_2$  - less than 1.

## Annealing results of FAP-TiO<sub>x</sub> composite ceramics

It is possible to obtain ceramics with high hardness, strength and resistance to high temperatures by introducing reinforcing additives such as titanium and zirconium oxides into its composition. HAP and FAP ceramics with the inclusion of titanium compounds are bioinert materials that do not cause side reactions [16]. Tables 3 and 4 present changes in FAP-TiO<sub>x</sub> composite materials with different contents of non-stoichiometric titanium oxide during heat treatment.

Composite ceramics made of FAP with reinforcing additives of non-stoichiometric titanium oxide crack during heat treatment (Fig. 4), while continuing to gain hardness. The best values for hardness were achieved with the introduction of 10 and 15% of non-stoichiometric titanium oxide. The phase composition changed as the annealing temperatures increased due to the gradual transition of non-stoichiometric titanium oxide to dioxide, and after annealing at 1200°C, more than 95% of titanium was presented in the form of titanium dioxide, and up to 10% of calcium fluoride released from FAP was also formed.

Sample under study	Changing linear parameters, $\pm \Delta h$ , %						
Sample under study	200°C	400°C	600°C	800°C	1000°C	1200°C	
FAP -10% TiO <sub>x</sub> ,	-0.33	0.50	-7.13	-6.30	-3.81	-3.65	
FAP -15% TiO <sub>x</sub> ,	0	0.96	1.28	1.44	-4.01	1.28	
FAP -20% TiO <sub>x</sub> ,	-0.47	1.09	-0.31	1.87	3.12	2.18	
FAP -30% TiO <sub>x</sub> ,	0.37	1.10	1.66	1.10	-0.55	5.89	
Change in mass, $\pm\Delta m$ , %							
FAP -10% TiO <sub>x</sub> ,	-6.10	-3.07	-1.89	-0.95	-3.71	-4.32	
FAP -15% TiO <sub>x</sub> ,	0.68	3.16	4.06	4.32	0.40	-0.64	
FAP -20% TiO <sub>x</sub> ,	-1.35	1.00	1.85	1.56	-3.64	-5.26	
FAP -30% TiO <sub>x</sub> ,	1.06	3.03	3.61	2.01	-6.26	-10.16	

*Table 3.* Changes in the parameters of FAP- $TiO_x$  composite materials at different temperatures.

*Table 4.* Microhardness of FAP-TiO<sub>x</sub> composite materials at different temperatures.

Sample under study	Vickers hardness (HV), MPa						
	25°C	200°C	400°C	600°C	800°C	1000°C	1200°C
FAP -10% TiO <sub>x</sub> ,	72	150	182	148	153	260	303
FAP -15% TiO <sub>x</sub> ,	86	117	200	193	130	293	306
FAP -20% TiO <sub>x</sub> ,	60	153	195	156	124	201	282
FAP -30% TiO <sub>x</sub> ,	100	151	150	147	100	120	270



*Figure 4.* Surface morphology of FAP-15% TiO<sub>x</sub> after annealing at 1000°C.

## Results of annealing of composite ceramics FAP-ZrO<sub>2</sub>

Tables 5 and 6 show the changes in FAP-ZrO<sub>2</sub> composite materials with different zirconium dioxide content and heat treatment.

Sample under study	Changing linear parameters, $\pm \Delta h$ , %						
	200°C	400°C	600°C	800°C	1000°C	1200°C	
FAP -5%ZrO <sub>2</sub>	-0.14	-0.14	-0.29	-1.88	-16.91	-16.91	
FAP -10%ZrO <sub>2</sub>	-0.80	-1.92	-2.24	-2.72	-10.72	-12.00	
FAP -15%ZrO <sub>2</sub>	0	-2.50	-2.50	-3.33	-8.33	-14.17	
FAP -20%ZrO <sub>2</sub>	-0.97	-2.74	-2.90	-2.90	-9.84	-11.29	
Change in mass, $\pm\Delta m$ , %							
FAP -5%ZrO <sub>2</sub>	-1.97	-4.85	-5.85	-8.00	-8.06	-8.32	
FAP -10%ZrO <sub>2</sub>	-1.7	-4.47	-5.68	-7.28	-7.68	-7.97	
FAP -15%ZrO <sub>2</sub>	-1.72	-4.35	-5.44	-6.97	-7.30	-7.70	
FAP -20%ZrO <sub>2</sub>	-1.57	-4.05	-5.27	-6.79	-7.13	-7.56	

*Table 5.* Changes in the parameters of FAP-ZrO<sub>2</sub> composite materials at different temperatures.

Sample under study	Vickers hardness (HV), MPa							
	25°C	200°C	400°C	600°C	800°C	1000°C	1200°C	
FAP -5%ZrO <sub>2</sub>	90	89	253	198	157	473	517	
FAP -10%ZrO <sub>2</sub>	76	112	215	214	170	395	312	
FAP -15%ZrO <sub>2</sub>	88	111	178	178	199	281	396	
FAP -20%ZrO <sub>2</sub>	94	134	167	215	148	375	314	

 Table 6. Microhardness of FAP-ZrO2 composite materials at different temperatures.

Ceramics made of FAP with zirconium dioxide remain dense, without cracks (Fig. 5), with high hardness during high-temperature treatment. The micrograph clearly shows inclusions of zirconium dioxide (light areas).



*Figure 5.* Surface morphology of the composite material FAP-10%ZrO<sub>2</sub> after heat treatment at 1000°C.

The phase composition of composite materials changed after annealing at  $1200^{\circ}$ C, CaF<sub>2</sub> was formed in an amount of ~10%, and the crystallinity of the material also increased at high temperatures. Zirconium dioxide acted as a stabilizer for bioceramics, preventing the formation of TCP.

### Strength test results

An assessment of the compressive strength limit was carried out depending on the qualitative and quantitative composition of the ceramic samples obtained during the work (see Table 7). Cylindrical samples ( $\not$ =10 mm; h=10 mm) were subjected to compression after high-temperature treatment at 1000 and 1200°C.

*Table 7. Results of evaluation of compressive strength limits of HAP, FAP, composite materials and strengthening phases.* 

Sample under study	Compressive strength ( $\boldsymbol{s}_{comp}$ ), MPa					
	1000°C	1200°C				
HAP Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> (OH) <sub>2</sub>	511	_				
FAP Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> (OH)F	448	570				
FAP Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> (OH) <sub>0.5</sub> F <sub>1.5</sub>	498	400				
FAP Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> F <sub>2</sub>	518	549				
FAP -10% TiO <sub>x</sub> ,	_	221				
FAP -15% TiO <sub>x</sub> ,	_	139				
FAP -20% TiO <sub>x</sub> ,	_	214				
FAP -30% TiO <sub>x</sub> ,	_	202				
FAP -5%ZrO <sub>2</sub>	_	559				
FAP -10%ZrO <sub>2</sub>	_	549				
FAP -15%ZrO <sub>2</sub>	_	550				
FAP -20%ZrO <sub>2</sub>	_	442				
CaF <sub>2</sub>	401	_				
ZrO <sub>2</sub>	506	_				

## Conclusions

As a result of the work, the strengthening and stabilizing effect of fluorine on bioceramics based on nanostructured precipitated fluorine-substituted HAP was studied, and the strengthening and stabilizing effect was experimentally determined by mechanochemical reinforcement of FAP with titanium and zirconium oxides, even at high-temperature annealing – at 1200°C, FAP decomposes slightly with the formation of less than 10% calcium fluoride, which in turn is also a strengthening phase. The main characteristics of the obtained materials were determined: phase

composition, morphology, linear compression, microhardness, compressive strength. It has been experimentally established that the most promising for the development of biocomposites are materials containing 5-10% zirconium dioxide. Contrary to expectations, addition of non-stoichiometric titanium oxides as a strengthening phase in the composite material led to its cracking. Composite material made of FAP – zirconium dioxide has a dense uniform structure with a high degree of crystallinity and strength, which makes it a promising material for further study for use in medicine.

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